



# UNDERSTANDING CANNABIS: A MUST FOR EVERY AGENCIES OFFICER SAFETY AND WELLNESS PROGRAM

**JUNE 21, 2023 | 9AM | 1.5 HOURS**

All law enforcement officers, supervisors, command staff, Chiefs of Police, wellness coordinators, and more.

## **INSTRUCTOR(S)**

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This presentation will review the negative consequences and impacts associated with the increasing usage of cannabis in our society. Law enforcement professionals must be aware of the many risks of cannabis to help them make better informed decisions to implement and enhance their safety and wellness programs.

A brief review of the importance of the cannabinergic system is discussed along with the significant impact that the commercialization of high potency THC has on the human body and mind. Higher potency THC increases the risk for the development of cannabis use disorder (CUD) and other psychological/mental health problems. High potency THC and/or increased usage leads to mental health issues including anxiety, depression, psychosis, schizophrenia and suicide. Additional problematic cannabis use outcomes include cannabis hyperemesis syndrome, cardiovascular complications, increased frequency to sustain injury, and increased risks to develop testicular cancer and cause pediatric cancers/other chromosomal changes in children of cannabis users.

It is well documented that law enforcement professionals experience high rates of anxiety, burnout, depression and PTSD. This presentation identifies why the risks associated with cannabis use must be included in every agency's safety and wellness programs.

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